



Rifle Skills Checklist

Member's name: _____

Mastering these Rifle skills will provide a solid foundation upon which the member may build. To achieve success in this project the skills listed below will help 4-H volunteers know what to teach and 4-H members to know what they need to learn. Have your instructor initial and date each skill as completed. Each level may take more than one year to complete. **Complete at least 5 new activities each year.**

<u>Level 1</u>	Date Completed	Approved By
1. Demonstrate two methods to determine your eye dominance.	_____	_____
2. Demonstrate the 10 basic rifle safety rules.	_____	_____
3. List and demonstrate proper range etiquette.	_____	_____
4. Demonstrate the basic range commands.	_____	_____
5. Identify the basic parts of the rifle.	_____	_____
6. Identify the function or purpose for each part of the rifle.	_____	_____
7. Identify the five types of rifle actions.	_____	_____
8. Describe the three basic types of sights.	_____	_____
9. Name two different types of eye protection and the merits of each.	_____	_____
10. Name five types of ear protection and the merits of each.	_____	_____
11. Describe sight alignment with the different types of sights.	_____	_____
12. Demonstrate how to hand off and receive a rifle.	_____	_____
13. Demonstrate fitting of the rifle to the shooter.	_____	_____
14. Demonstrate the loading and unloading process of a rifle.	_____	_____
15. Demonstrate and explain the reasons for dry firing a rifle.	_____	_____
16. Demonstrate rifle marksmanship fundamentals.	_____	_____
17. Demonstrate how to care for, clean, and maintain a rifle.	_____	_____
18. Shoot for groups at the bench rest position.	_____	_____

<u>Level 2 – Complete Level 1 before proceeding to Level 2</u>	Date Completed	Approved By
1. Describe the relationship between sight alignment and sight picture.	_____	_____
2. Explain and use triangulation.	_____	_____
3. Demonstrate proper off-season storage and/or transportation of a rifle.	_____	_____
4. Trace the history of one particular rifle and write a report.	_____	_____

	Date Completed	Approved By
5. Attend a gun show.	_____	_____
6. Make a loading block.	_____	_____
7. Demonstrate how to score targets.	_____	_____
8. Make a kneeling roll.	_____	_____
9. Demonstrate building a proper shooting position:		
• Standing.	_____	_____
• Sitting.	_____	_____
• Prone.	_____	_____
• Kneeling.	_____	_____
10. Learn and demonstrate the following firing positions:		
• Arm-rest standing position.	_____	_____
• Free-arm standing position.	_____	_____
• Kneeling position.	_____	_____
• Sitting position.	_____	_____
• Prone position.	_____	_____
11. Learn and demonstrate proper use of a sling.	_____	_____

Level 3 – Complete Level 2 before proceeding to Level 3

	Date Completed	Approved By
1. Make a rifle sling.	_____	_____
2. Make a gun case.	_____	_____
3. Refinish a gun stock.	_____	_____
4. Make a pellet trap, bullet trap, or target holder.	_____	_____
5. Organize and run a county level 4-H Shooting Sport activity.	_____	_____
6. Construct a shooting bench.	_____	_____
7. Seek funds from a local donor for your club or county 4-H Shooting Sports program.	_____	_____
8. Demonstrate selection of accessories for a rifle.	_____	_____
9. Teach other shooters how to determine their eye dominance.	_____	_____
10. Demonstrate calling the shot.	_____	_____
11. Assist other shooters with a triangulation exercise.	_____	_____
12. Serve as rifle teen leader for a least one year.	_____	_____
13. Under the supervision of your 4-H Shooting Sport leader, act as range officer at a practice shoot.	_____	_____

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